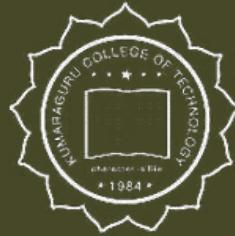


CONFLUENCE BOOK

ANNUAL COMPIILATION OF
NSS_RRC_VBC



KUMARAGURU
college of technology
character is life



RED
RIBBON
CLUB

KUMARAGURU COLLEGE OF TECHNOLOGY
COIMBATORE-641049

VOLUNTARY
BLOOD DONORS
CLUB

KUMARAGURU COLLEGE OF TECHNOLOGY
COIMBATORE-641049



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Swami Vivekananda Remembrance Day

To commemorate the 119th death anniversary of Swami Vivekananda, we the NSS club of Kumaraguru College of Technology, paid honor to Swami Vivekananda by accepting a vow. On the 5th of July 2021, we held an hour-long meeting via MS Teams. The staff coordinators of our club Sathyamoorthy Sir and Naveen Kumar Sir spoke about Swami Vivekananda's accomplishments and how his quote motivated them.



In this meeting, we made the participants to revive the memories of Swami Vivekananda's life and teachings. Swami Vivekananda's life and message will always perform wonders for the advancement of our youth. He will continue to inspire humanity as a voice without form, as he himself stated. As a outcome our attendees are encouraged to make a vow in memory of Swami Vivekananda and to follow his principles. The gathering was then brought to a close with a pledge.

**Date and Time: 04/07/2021, 4.00 pm to 5.00 pm
No. of Participants: 40**

The YOU

In the first phase, 40 career guidance posters which were prepared were handed over to the Government Higher Secondary School, Saravanampatti to distribute to the school students. In the second phase, the soft copies of career guidance posters were shared to various schools on contacting them and several students got benefitted.

The main idea of this event was to offer students a clear picture of career paths available to them. Overall, more than 120 students got benefitted in this event.

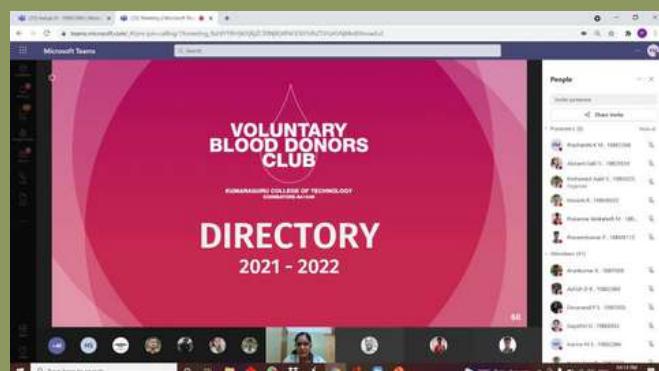


Date and Time: 07/08/2021, 9 am

No. of Participants: 120

THIRAL

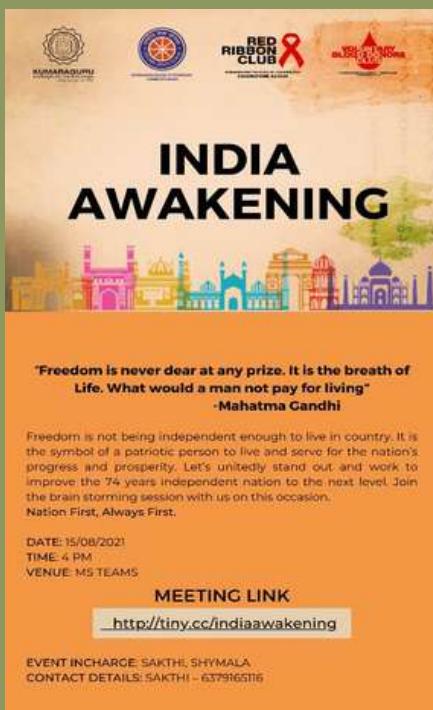
This event is the installation and orientation of the new office bearers of NSS_RRC_VBC for the academic year 2021-2022. The Chief Guest of this event Dr. Saravanan D, Principal of KCT felicitated the office bearers. "The Confluence book of the club" for the academic year 2020-2021 was released. Along with it, "The VBC Directory" was also released. During this event, all the newly appointed board members assumed the office with the oath taking ceremony.



Date and Time: 12/08/2021 , 3 PM
No. of Participants: 50

India Awakening

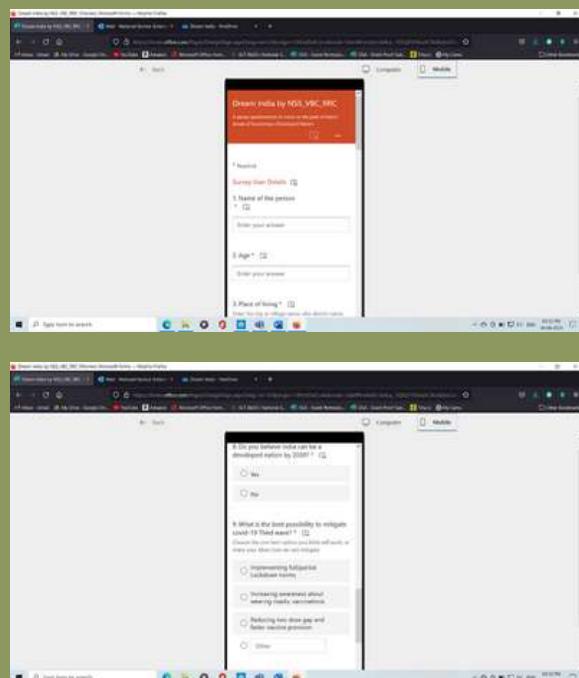
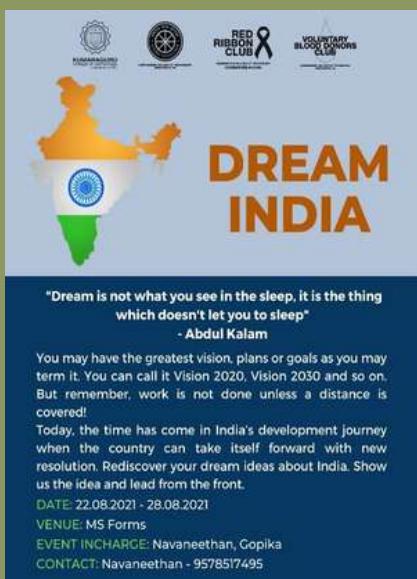
This event happened on the lights of India's 75th Independence Day. During this event we paid tribute to the priceless efforts of martyrs and freedom fighters to establish Indian Independence. This event focused on the advancements of India in the past 74 years in the field of Technology, Economy, Social areas of country through a group discussion.



Date and Time: 15/08/2021 , 4 PM
No. of Participants: 50

Dream India

This event is a survey questionnaire event, wherein we have asked few questions in the sectors of agriculture, infrastructure, economy and education which contributes a lot to development of the country. It is the rights of the people to know and decide which plan is needed for them for their betterment and nation's progress. Also, we have asked a question to explain their vision India where it can be brain stormed to make it feasible and effective



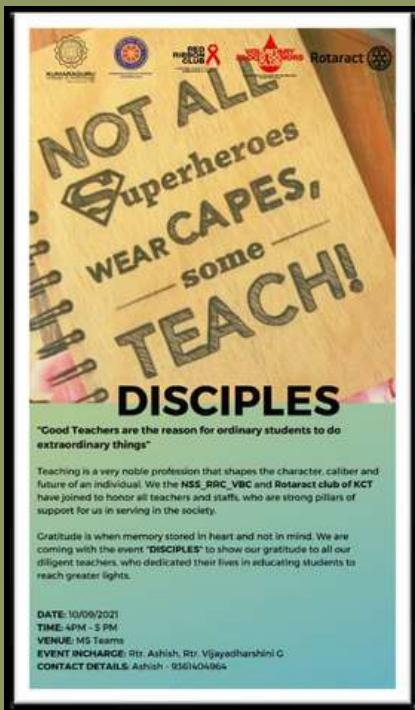
The outcome of the survey is we come to know about people's ideas on prioritizing needs. We had 268 people participated and answered the survey form

Date and Time: 22/08/2021 – 28/08/2021

No. of Participants: 50

Disciples

To celebrate the Teacher's Day celebration week, we the NSS_RRC_VBC conducted the event "Disciples" in collaboration with Rotaract club of KCT. There is no service equal to the service of teaching other than itself. During this event, we had few of our students sharing their personal views about Teacher's in their life and also about their favourite teacher. Our staff co coordinators shared their memories with their teachers when they were students and shared the views of a teacher. Finally, we showed our gratitude to our beloved teachers and presented with a momento at the end of the Teacher's Day celebration event.



Date and Time: 10/09/2021, 4 pm
No. of Participants: 50

Servizzard

The event exists in the form of quiz designed on MS Forms. The form consists of 12 questions related to NSS – its motto, functions and activities. We got 95 responses almost everyone could answer 80 percent of the questions.

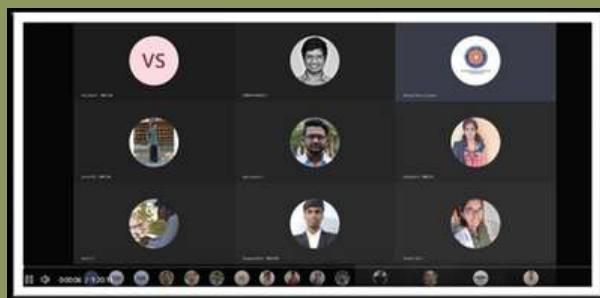
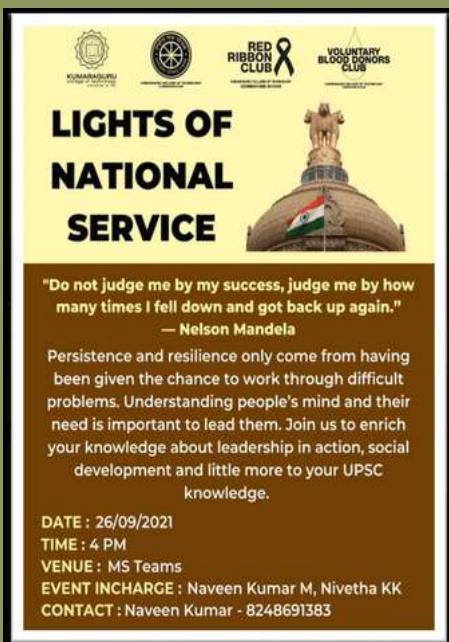
A screenshot of a Microsoft Forms quiz titled 'SERVIZZARD'. The title is at the top, followed by the subtext 'Let's Recall the Answers'. The quiz consists of five questions with their respective answers:

- Q1. What is the motto of NSS?
Ans: NOT ME BUT YOU
- Q2. Who is the Father of NSS?
Ans: Dr. V.K.R.V. Rao
- Q3. NSS comes under which Central Government Ministry?
Ans: Ministry of Youth Affairs & Sports.
- Q4. What does the giant wheel depicts in NSS symbol?
Ans: It portrays the the cycle of creation. It portrays preservation and release. It signify the movement in the life across time and space.
- Q5. A Volunteer who has completed _____ regular activities and seven days special camp in adopted village is entitled to get NSS Certificate.
Ans: 240hrs = 120hrs X 2yrs.

Date and Time: 24/09/2021, 9 am to 4 pm
No. of Participants: 50

Lights of National Service

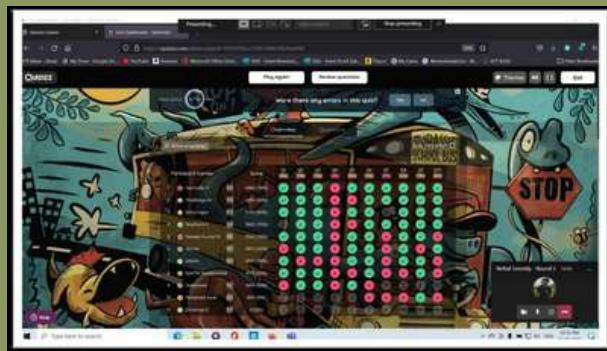
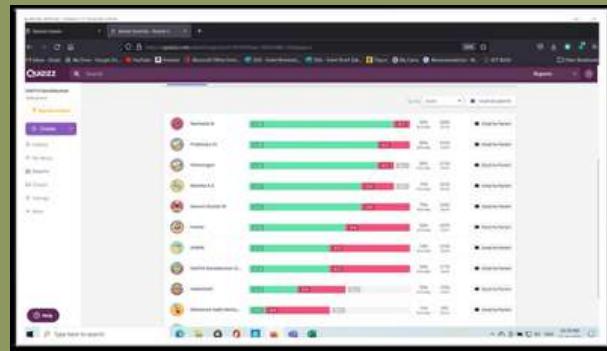
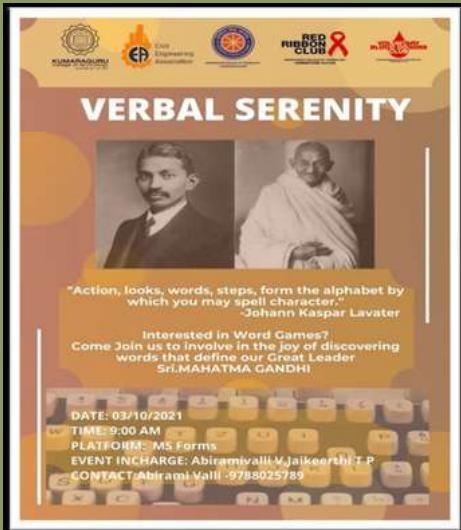
The aim of this event is to build our courage and set our goal to get power and to enrich our knowledge about leadership in action, social development and little more to our UPSC knowledge and in this event, we had a speaker and he gave us much information regarding casteism, which is very important for every human to know and the event moved side by side moving to how the civil servant must be. And finally, the event was taken to UPSC based on information. He gave much information and main points to be remembered while writing UPSC.



Date and Time: 26/09/2021, 4pm to 5pm
No. of Participants: 50

Verbal Serenity

On behalf of Gandhi Jayanti, NSS in collaboration with Department Association of Civil Engineering conducted an online quiz event. The event consists of two rounds of quiz took place in MS Forms and quizzz online platforms. The quiz questions were all about Gandhiji's life history, struggles, achievements and his principles.



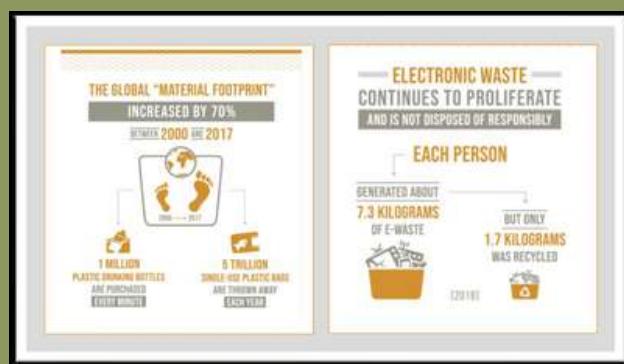
Date and Time: 03/10/2021
No. of Participants: 20

Plastic Resting

We the NSS_RRC_VBC and Rotaract club of KCT make our first step towards sustainable development. This insightful session happened on 02th November at 5PM on MS Teams.

During the session, students were given knowledge on what is sustainable development and measures taken for it. The most significant UN's 17 Sustainable Development Goals (SDGs) were given an introduction.

Next on session, the harms caused by plastic were discussed. The session's main focus of session was the significance of single use plastic and how to avoid using them were given.



Date and Time: 02/11/2021
No. of Participants: 30

V Poll

We conduct a demo election to give actual experience of voting to the participants. With the help of MS Forms, we were able to record the response of the votes. The votes will determine the winner of the election for which the theme of election is “Identity of Tamil Nadu.”

Earlier, we asked participants to suggest the nominees of the election similar to nomination of candidates in election. The best of things that could be described in Tamil Nadu in terms of culture, heritage, emotions were suggested one.

We had 11 contestants and Chennai Super Kings came out on top as winner of the election. Thanjavur Brihadeeswarar temple came out on top others as runners.



Date and Time: 24/01/2022 to 27/01/2022
No. of Participants: 100

Unity in Creativity



Patriotic songs have always played an important role in boosting our morale and fostering a spirit of love towards the nation.

We the NSS had come up with an event named - Unity in Creativity to motivate their literature skills creating poems in any language of their preference. These poems and songs are a great deed to their patriotism and dedicated to our historic country on this great day – 26th January.

From KCT- NSS there were 10 participants contested in District level on this unity in creativity contest and made submissions on web portal and upon results, the students will move to state and national level representing our college.

Date and Time: 25/01/2022 to 29/01/2022

No. of Participants: 10

Sustainable Village Visit to Odanthurai

In a country where villages are still struggling with inadequate power supply and other inadequate resources to sustain, self-powered Odanthurai has set an example by producing its own green power for its needs. We visit this model village to know its specialities and achievements and implement those ideas in nearby villages and spread ideas all over the country. We also collected plastic materials those who go through this plastic free zone - Odanthurai.



Date and Time: 25/01/2022 to 29/01/2022
No. of Participants: 10

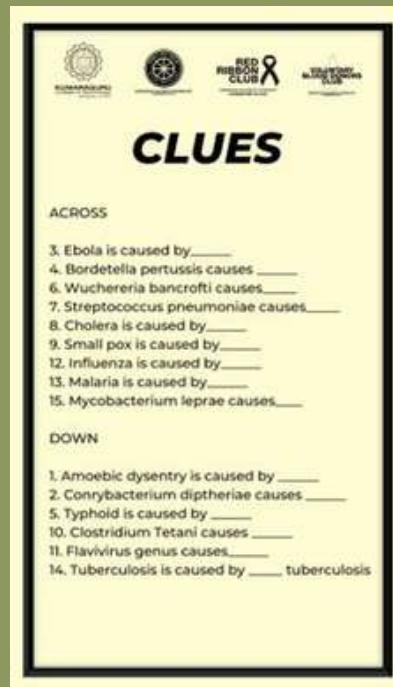


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Brain Thug

The main objective of the event is to enhance the knowledge on various diseases among students. Participants enjoyed their time by spending time in Brain thug. The outcome of the event is to make participants enthusiastic, fresh, stress free.



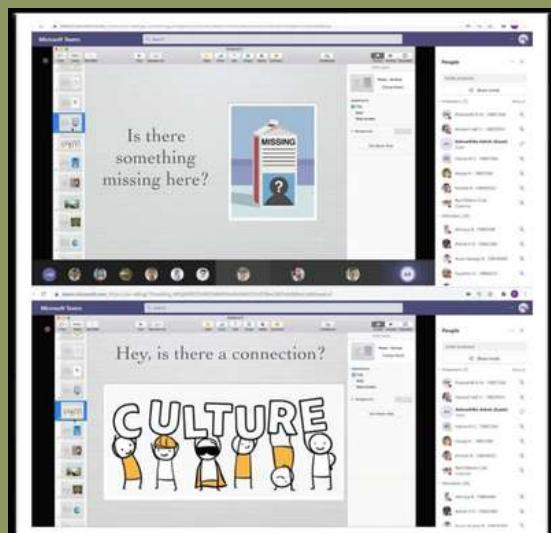
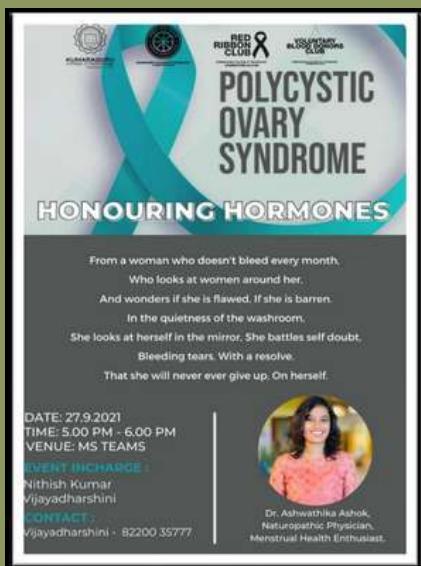
This event enhanced the knowledge on various diseases and their respective causative agents through a Crossword puzzle. The winners were announced on the basis of time taken to complete.

Date and Time: 28/07/2021, 11.00 am to 4.00 pm
No of participants: 15

Honouring Hormones

Having a healthy lifestyle is all about choosing to live your life in the healthiest way possible. We the Red Ribbon Club of Kumaraguru College of Technology has organized the event Honouring Hormones.

The webinar is handled by Dr Ashwathikaa Ashok, a naturopathist and a menstrual health educator. The speaker clearly explained and carefully stating every point by understanding the student's mind-set as well. Her insights on food habits to be followed and certain lifestyle changes assists us to convert into a healthier life style.

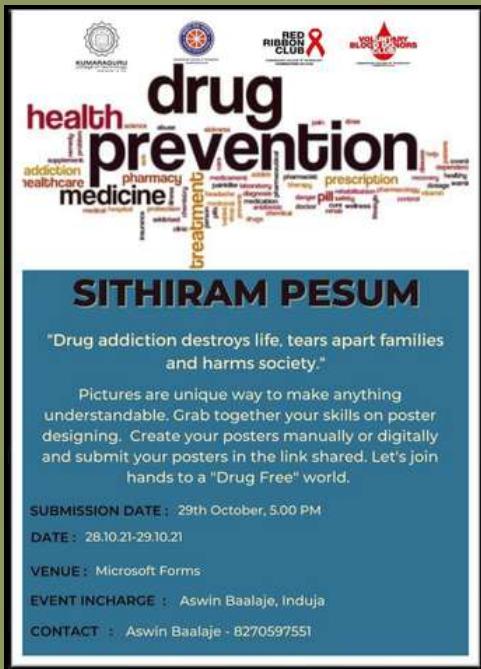


This event clears doubts and myths about PCOS and gained knowledge on how to manage it, the food habits to be followed for healthier lifestyle.

Date and Time: 27/09/2021, 5pm to 6pm
No of participants: 70

Sithiram Pesum

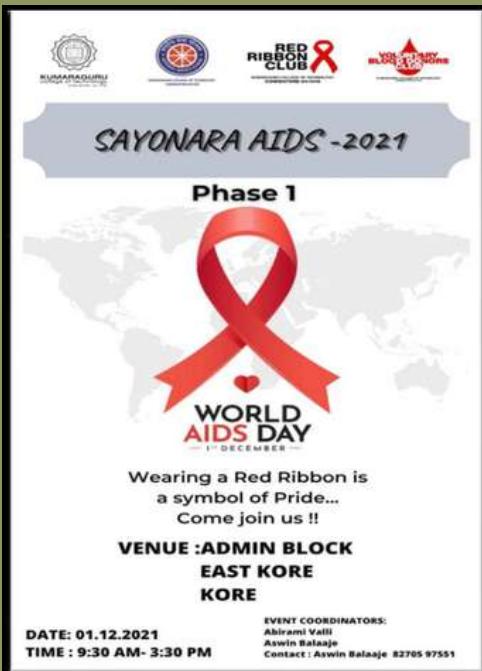
The event named Sithiram Pesum is an online event to raise awareness on drug addiction, usage of drug and other health disorders through poster making or art form. This event is conducted on behalf of RRC week whose aim is to spread awareness on health spoiling habits and addictions and disorders. Throughout the RRC week various awareness posters have been posted in our Instagram page. During this event participants submitted various awareness posters on RRC theme.



Date and Time: 29/10/2021
No of participants: 25

Sayonara AIDS

The event Sayonara AIDS was conducted in offline mode in KCT campus where the volunteers of social clubs spread awareness about AIDS around the campus and they made everyone around to pin a red ribbon and to engrave their signatures in a chart as a part of this awareness program.



The event Sayonara AIDS conducted by Red Ribbon Club as part of world AIDS day. The event focussed mainly on spreading awareness about AIDS among every individual.

The participants were able to develop knowledge about AIDS disease and the need for spreading awareness. They felt proud to be a part of this awareness program.

Date and Time: 29/10/2021
No of participants: 25

Humanity



The flow of the event was started with a general briefing on what is world Cancer Day and why is it observed followed by two inspiring stories of cancer survivors who battled the war with extreme courage and determination. The Pledge was taken with determination by everyone in the meet. After which an interactive Role Play Session was held. The participants were split into teams of two. Each pair was given a random situation for which they had 2 minutes to prepare and play their roles. This session not only intrigued the participants' thought process but also it changed the mindset of the participants regarding the diseased.

Date and Time: 04/02/2022, 5pm to 6pm

No of participants: 25



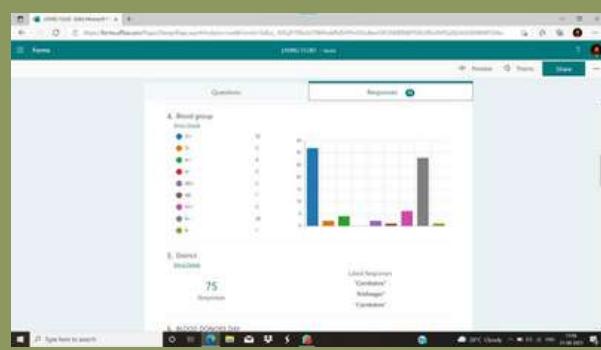
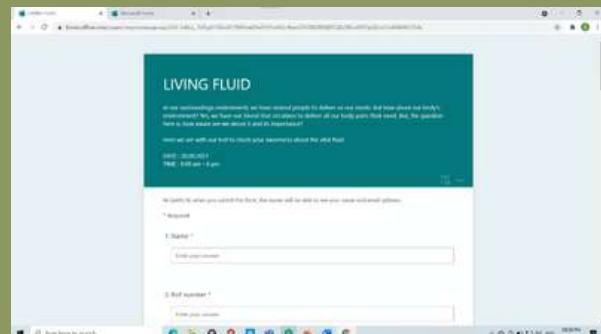
VOLUNTARY BLOOD DONORS CLUB

KUMARAGURU COLLEGE OF TECHNOLOGY
COMPUTER LAB



The Living Fluid

This event is a quiz form which consists of 10 questions which is based on theme of when to donate blood and who should donate blood. This happened through MS Forms posting the form in our Instagram Page. Many doubtful questions that arise to people on blood donation such as 'Donating blood after vaccination? Donating blood after platelet donation? How often we can donate blood?' were asked in the form.



Date and Time: 30/08/2021
No of participants: 70

Carcino

The webinar “CARCINO” was conducted on September 25, 2021 using Microsoft Teams. This event is intended to increase awareness of blood cancers. The speaker Belinda J M.B.B.S., MD is a consultant physician in Marthandam Mission Hospital conveyed the risks, symptoms, transplants, functions and treatments of blood cancer to all the participants.

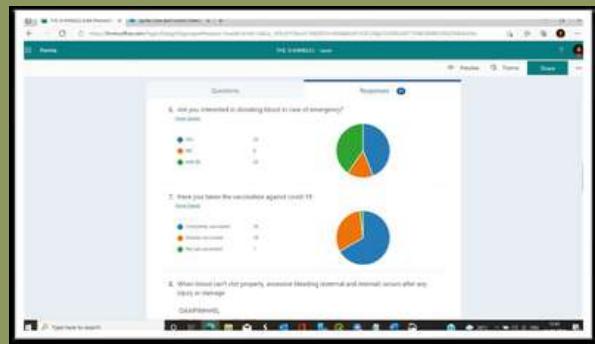
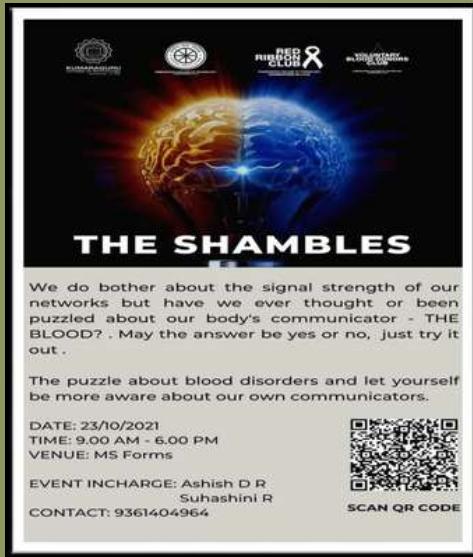


The purpose of the event is to raise awareness of blood cancer and to let everyone know about it. To bring awareness, we would like to see it during Blood Cancer Awareness Month. The awareness of blood cancer spread widely, and everyone became familiar with it.

Date and Time: 25/08/2021, 5pm to 6pm
No of participants: 70

The Shambles

The survey was hosted on the Microsoft Forms platform. A blood disorder can have a negative impact on your overall health. You should therefore educate yourself on some of the common blood disorders that could affect. There are many disorders of the blood, including anaemia, bleeding disorders (like haemophilia), blood clots, and blood cancers (like leukaemia, lymphoma, and myeloma).



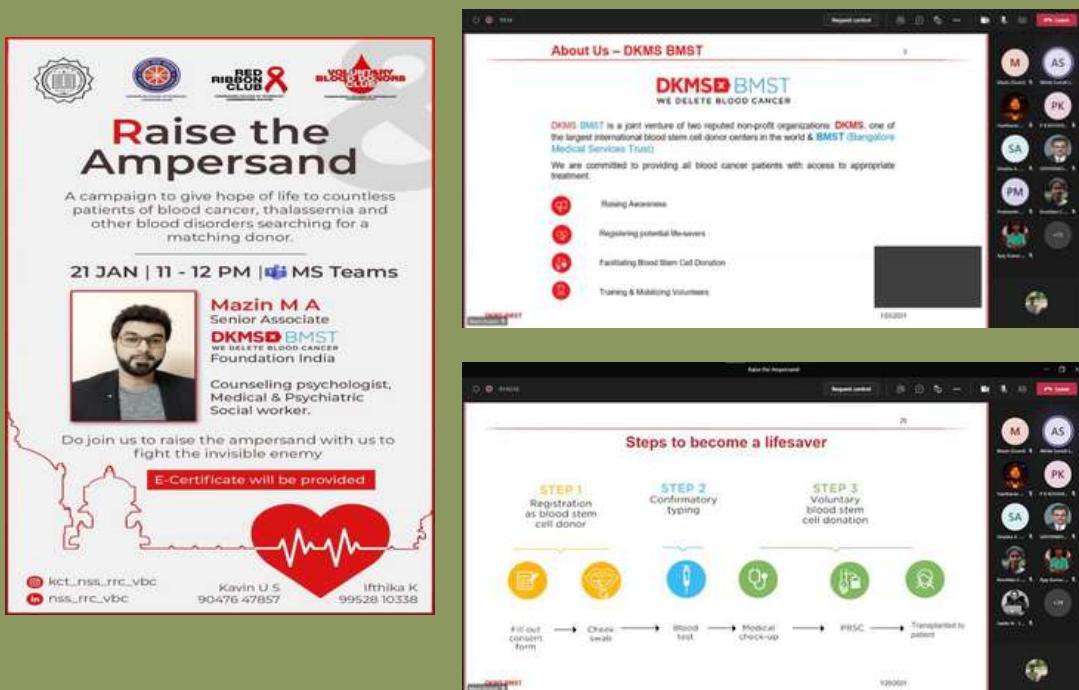
In our survey, we asked how familiar they were with platelets donation and aware about blood disorders. As a result of the survey, we now have a better understanding of how people are aware of platelets donation and we have mapped out volunteers who are interested in blood and platelet donation

Date and Time: 23/10/2021

No of participants: 70

Raise the Ampersand

We, the Voluntary Blood Donors Club of Kumaraguru Institutions have organized an event named “Raise the Ampersand” on January 21, 2022 using Microsoft Teams for an hour. This event is intended to increase awareness of blood cancers and stem cell donation. The speaker Mazin Counselling Psychologist, Medical & Psychiatric. An experienced social worker with over 13 years' experience in the medical & social sectors. Currently, he is working with DKMS BMST as a senior associate to give blood cancer patients a second chance at life. During the session the speaker gave many insights on blood cancer and stem cells donation, its impact all over the world.



Date and Time: 21/01/2022 – 11 am to 12 pm.

No of participants: 100

ஈதல் நன்றே – Blood Donation Drive

The Voluntary Blood Donors Club of KCT conduct its Benchmark event – Annual Blood Donation Camp - ஈதல் நன்றே.

This blood camp is organised in collaboration with Coimbatore Medical College and Hospital (Coimbatore GH). This takes place in KCLAS seminar hall open to all students of Kumaraguru Institutions. The donation takes place with basic health protocol process where a person is allowed for donating blood only after he is examined by doctors.

More than 350+ students registered for donating blood which shows the interest level of students towards blood donation.



Date and Time: 11/04/2022

No of participants: 150+

VOLUNTEERING ACTIVITIES



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Azadi ka Amrit Mahotsav Conference

Azadi Ka Amrit Mahotsav is an initiative of the Government of India to celebrate and commemorate 75 years of progressive India and the glorious history of its people, culture and achievements. During this conference various rare pictures of freedom fighters were displayed by the organizers. Several information from postal department and NGOs were given to students.



Date and Time: 31/12/2021

Venue: CODISSIA

No of participants: 40

Integration Aadhar IDs and Voter IDs of nearby villagers.

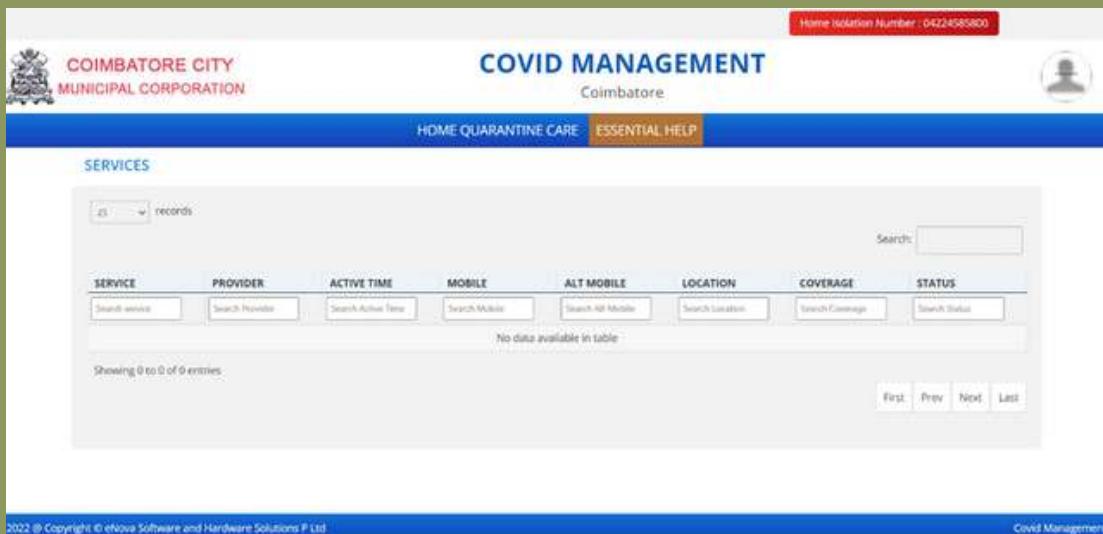
We the NSS were Helping Tamil Nadu State Election Commission Board in filling up application forms to integrate Aadhar IDs and Voter IDs of nearby villagers.



Date and Time: 1/12/2022 to 7/12/2022
No of participants: 20

Covid Care Centre Volunteering

We the NSS have made our contributions to help people affected by Covid-19 by mental support and collect information on the home quarantine people to Coimbatore corporation. We seek people to check their symptoms and other health issues through phone calls and report the data to Coimbatore corporation.



Date and Time: 7/1/2022 to 10/3/2022

No of participants: 20

Sustainable Village – Special talk

Mr Elango Rangasamy who is training local village leaders who embody a common vision of good democracy and governance. He is an engineer for whom the outer world lay open. He chose to return to his village. He was born a Dalit, a people who have many justified grievances with Indian society. He chose to harmonise passions. He had choices enough to stay away from the rough and tumble of politics, as most educated Indians are wont to. He chose it as the means to lead his village, Kuthambakkam to prosperity.



In this session, he talked about his early life as public speaker and as scientist, challenges he faced to attain equality, his achievements in his Kuthambakkam village in Tiruvallur district. He shared his knowledge which he received from great leaders and one among them to mention is Dr. APJ Abdul Kalam. He spoke about various social reforms such as quality education, gender equality, unemployment. He gave his vision about the UN's 17SDGs and how to achieve it.

Date and Time: 20/02/2022, 11 am to 1 pm
No of participants: 20

Election Commission of India – Voter Awareness Programme

The National Voter Awareness Contest by the Election Commission of India's SVEEP (Systematic Voters' Education and Electoral Participation) programme taps into the talent and inventiveness of young people, while also strengthening democracy through their active involvement. Accessible for all age groups, it aims at celebrating ideas and content curated on the theme of importance of every single vote in a democracy.



The contest consists of 5 events which are quiz contest, video making contest, song contest, poster design contest, slogan writing contest. We the KCT_NSS participated in quiz contest, poster design contest and slogan writing contest and made submissions to the voter awareness portal.

Date and Time: 13/3/2022 to 15/3/2022
No of participants: 25

Clean Coimbatore – Clean India

Coimbatore corporation organizes a mass Environment Conservation and plastic awareness program. Every school, college and NGOs are invited to take part in this program which is done for contributing to Swachh Bharat Mission. From our KCT, NSS and NCC have been invited for volunteering services near Thudiyalur. We have taken oath to save our environment and collected plastic materials on residential areas to create plastic free zone.



Date and Time: 11/06/2022
Venue: Thudiyalur, Coimbatore.
No of participants: 7

International Yoga Day at CODISSIA

The Isha Yoga foundations conducts an event for school and college students and open to public to event for International Yoga Day celebrated on 21st June celebrated every year.

Representing our college, we the NSS have went to CODISSIA grounds to practice the yoga asanas. We have given brief importance of soil and its all good things, advantages it provides to earth.

All the students have made oath to save soil and make contributions towards save soil movement.



Date and Time: 11/06/2022

Venue: Thudiyalur, Coimbatore.

No of participants: 7